# Healthier SG Playbook

An overview of Healthier SG for General Practitioners



integrated care

# Welcome to the Healthier SG Playbook for General Practitioners!



Healthier SG represents a transformative shift in Singapore's healthcare system, moving from reactive care to proactive prevention. This nationwide initiative empowers individuals to take charge of their health through personalised care plans, preventive screenings, and community-based support. As a General Practitioner, you play a pivotal role in this journey, helping patients achieve better health outcomes and fostering stronger, long-term relationships with them.

This playbook is designed to guide you through the essentials of Healthier SG, from understanding its core principles to implementing its strategies in your practice. Whether you are new to the initiative or looking to deepen your involvement, you will find valuable insights on how to participate, the benefits of joining, and the support available to you as a Healthier SG General Practitioner.

Join us as we explore how Healthier SG is reshaping healthcare in Singapore, and discover how you can make a meaningful impact on the health and well-being of your patients and the community.

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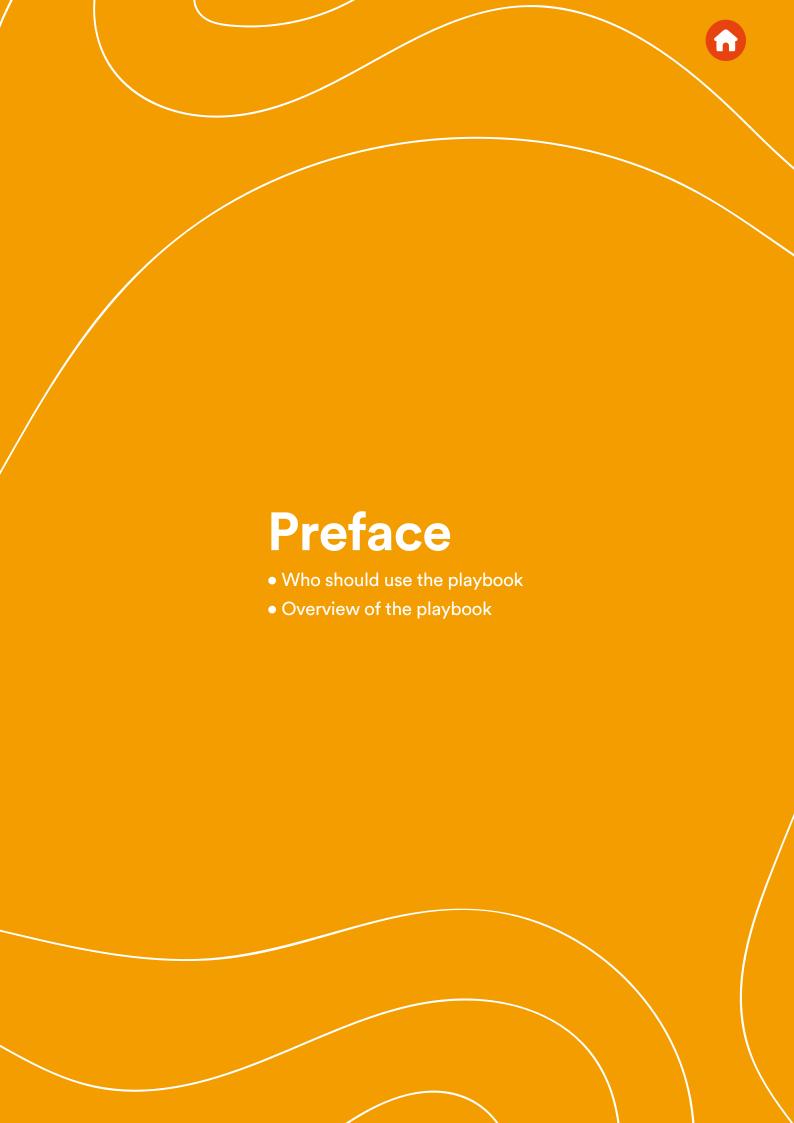
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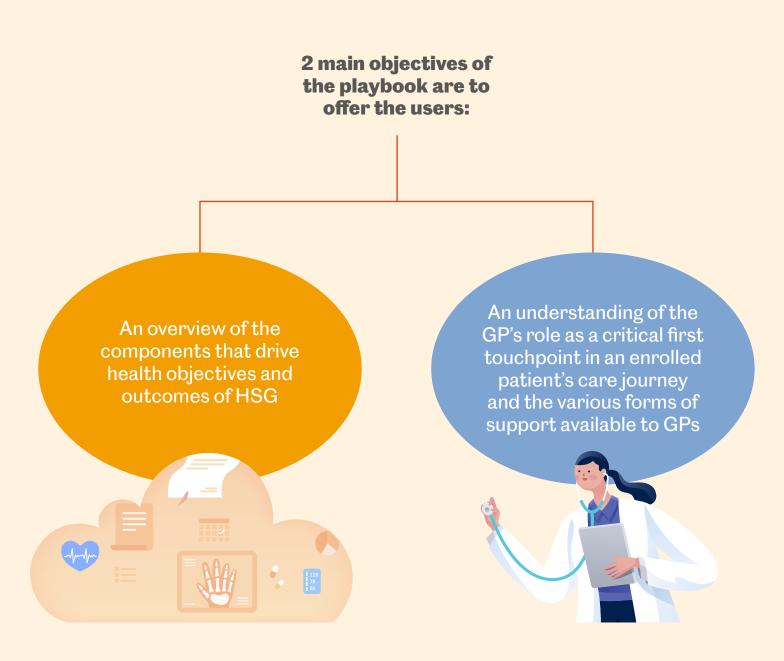
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### Who should use the playbook

This playbook is designed for General Practitioners (GPs) and clinic staff new to National Primary Care Schemes under Ministry of Health (MOH) and Agency for Integrated Care (AIC), providing an overview of the schemes, with a focus on Healthier SG (HSG) participation.





### Overview of the playbook

### Part 1: What is Healthier SG and why should you join?

### Part 2: How can you participate in Healthier SG?

### The 5 requirements to apply for Healthier SG

- Participate in National Primary
   Care Schemes
- Adopt a HSG-compatible Clinic Management System (CMS)
- Have at least 1 regular doctor who is a registered Family Physician per HSG clinic
- Join a Primary Care Network (PCN)
- ✓ Partner Healthcare Cluster



Accreditation process

### Part 3: What can you expect as a new Healthier SG clinic?

### General Practitioner Journey

- Patient enrolment
- Schedule appointments
- ✓ First visit
- ✓ Submit care reports
- ✓ Follow up with enrollee regularly
- Dispense or order for drug delivery for HSG Chronic Tier patients





### Part 4: What support will you receive?

As you embark on this journey, there are several types of support available to you:

- General Practitioner remuneration
- ✓ Training support and Onboarding Healthier SG Kit
- ✓ Agency for Integrated Care (AIC) support



Part 1

# What is Healthier SG and why should you join?

- What is Healthier SG?
- Why should you be a Healthier SG General Practitioner?
- What are the benefits of participating in Healthier SG?





### What is Healthier SG?

Healthier SG (HSG) is a nation-wide effort aimed at shifting our healthcare system from reactively caring for the sick population, to proactively preventing individuals from falling ill. The focus is to reshape behaviours and lifestyles of Singaporeans in their journey to better health.

Healthier SG GPs play a vital role in delivering preventive and chronic care as a central pillar of Healthier SG. For effective, consistent, well-coordinated and patient-centred care, Care Protocols (CPs) have been co-developed by GP leaders from the College of Family Physicians Singapore (CFPS), Singapore Medical Association, Primary Care Networks (PCNs), and healthcare clusters. CPs have been designed as a reference for HSG GPs for common clinical situations where harmonisation of processes, clearer referral and data flows, and coordination of ancillary support services are essential.

### For more information on CPs:

https://www.primarycarepages.sg/healthier-sg/care-protocols







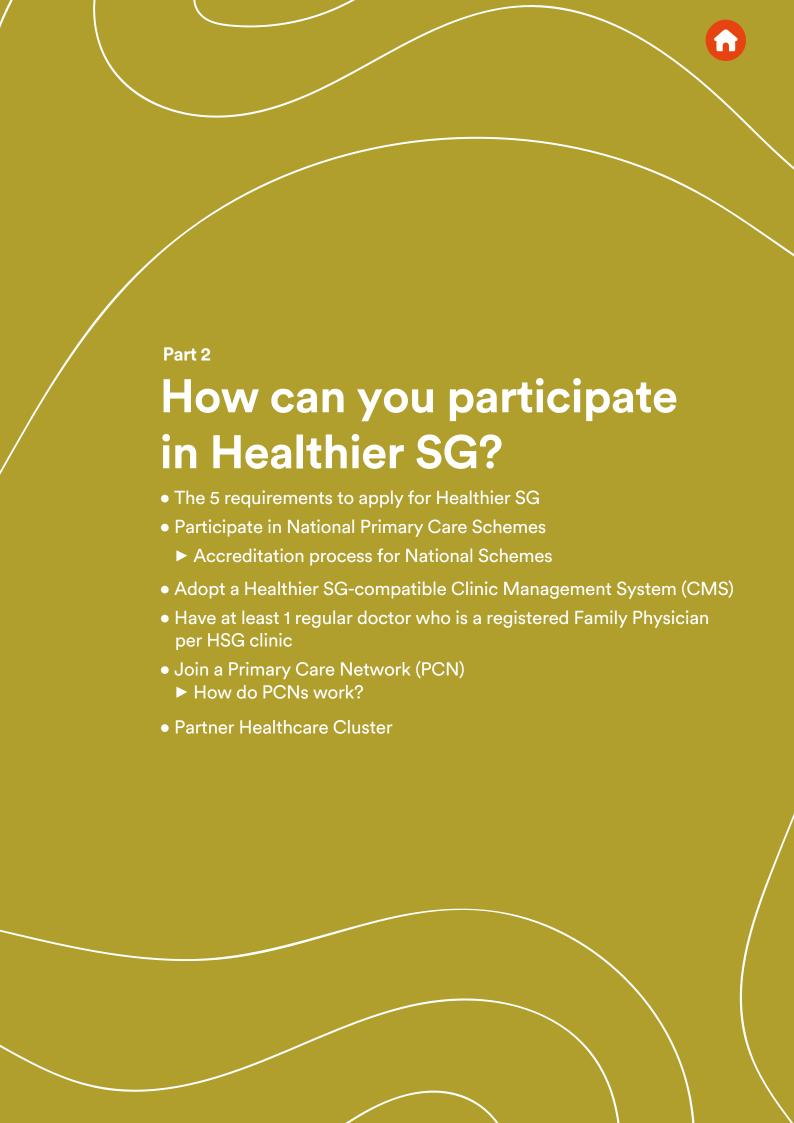
## Why should you be a Healthier SG General Practitioner?

As a trusted HSG General Practitioner (GP), you play a critical role in helping your patients to take charge of their health and embark on this major healthcare shift. You will be able to co-create customised health plans with your patients and have friendly conversations at their annual check-ins to monitor their health and recommend preventive screenings, vaccinations and lifestyle activities. As a HSG GP, you will be the care navigator to the community support by encouraging your patients to adopt a healthier lifestyle and sign-posting them to the resources and activities within the community.



# What are the benefits of participating in Healthier SG?

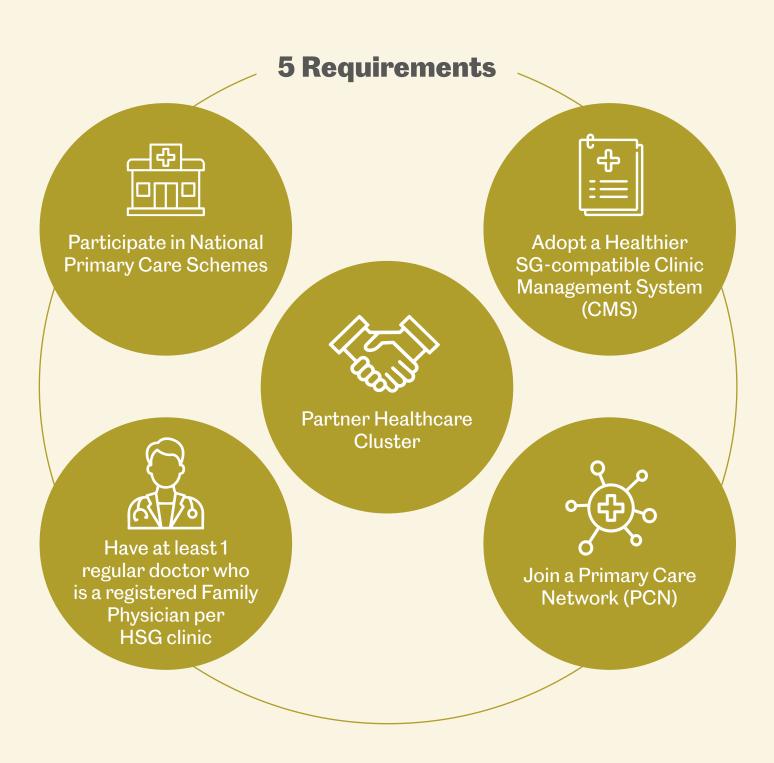
- Stronger long-term relationships with your enrolled patients with regular annual check-ins and health plan reviews.
- An opportunity to be digitally enabled by adopting a HSG-compatible Clinic Management System (CMS), minimising your administrative burden in the longer term as this will enable seamless data contributions to National Electronic Health Record (NEHR) and any future data sharing requirements.
- ✓ HSG clinics will be remunerated with an Annual Service Fee (ASF) and Chronic Enrolment Grant (CEG) for caring for HSG enrollees.





### The 5 requirements to apply for Healthier SG

To be a Healthier SG (HSG) clinic, you are required to complete the 5 requirements to be eligible to apply for the scheme. The following pages will provide you with details and application processes.





### Participate in National Primary Care Schemes

Let's begin your HSG journey by applying for the following National Primary Care Schemes under Ministry of Health (MOH). Once you have attained your accredidations for CDMP, CHAS and PHPC, your patients will be able to enjoy subsidies and benefits under each scheme and receive affordable and accessible care.

### MediSave / Chronic Disease Management Programme (CDMP)

Tap on your MediSave for the treatment of chronic diseases.

Apply here: https://fsae.moh.gov.sg

To find out more about the chronic conditions covered under the CDMP, please visit at

https://www.primarycarepages.sg/ schemes-and-programmes/chronicdisease-management-programme



### Healthier SG Screening (formerly known as Screen for Life)

Conduct subsidised preventive health screenings such as colorectal cancer, chronic disease and cervical cancer screening

### Public Health Preparedness Clinic (PHPC)



When activated during public health emergencies, perform roles such as dispense medication, provide subsidised treatment and testing

### Healthier Singapore (HSG)



Enroll patients to your clinic, provide customised health plans and dispense subsidised chronic drugs

### Community Health Assist Scheme (CHAS)



Enables CHAS, Pioneer and Merdeka Generation card holders to receive medical subsidies for acute/chronic visits

### Vaccination and Childhood Developmental Screening Subsidies (VCDSS)

Administer subsidised nationally recommended vaccinations and childhood development screenings







### **Quick tip**

### Tip 1: Apply early!

Your CDMP applications will take between 6-8 weeks to complete

### **Tip 2: Acknowledgement Email**

Look out for the steps to complete in the acknowledgement email from MMAE/FSAE after your application. Do take note of the document submissions and steps necessary to complete your application

### Tip 3: E-learning

Complete your e-learning promptly and submit via email as proof of completion. Submit all relevant documents within 1 month of your initial application

### **Tip 4: Application status**

To request for your application status, always provide your clinic name, HCI and application date



MOH\_MMAE@moh.gov.sg



### **Accreditation process for National Schemes**

The accreditation process is sequential, with the 3 required steps shown in the following flowchart:



### MediSave & CDMP accreditation

[Approximate time required for accreditation: 2 months]



### CHAS, VCDSS, SFL & PHPC accreditation

[Approximate time required for accreditation: 1 month]

Steps 1 & 2 are applied with Finance Schemes Accreditation
E-Service (FSAE). Please apply using this link: https://fsae.moh.gov.sg/mmae/ClinicApplication.aspx



Step 3

### **PCN & HSG onboarding**

[Approximate time required for onboarding: 2.5 months]

For Step 3, please inform your AIC account manager, PCNHQ and also apply using this link: for.sg/gpapplyhsghere.





### **Quick tip**

### Tip 1: Follow the steps!

The accreditation process is sequential. To expedite the CDMP/MediSave accreditation, please complete the e-learning and submission of documents to FSAE and CPF.

### **Tip 2: Applying for HSG & PCN**

You may concurrently submit your preferred PCNs and apply for HSG using the Form SG link here: for.sg/gpapplyhsghere





# Adopt a Healthier SG-compatible Clinic Management System (CMS)

With digital enablement, patient health information can be shared across settings to better support patient care and reduce administrative burdens on General Practitioner (GP) clinics. The 2 points to note are:

### 1. Digital enablement and requirements for a HSG Clinic



- Which is the HSG clinic state of the HSG clinic state of the HSG services. For more information, please refer to this list of published HSG-compatible CMSes: <a href="https://www.synapxe.sg/partner-us/smartcms">https://www.synapxe.sg/partner-us/smartcms</a>
- All HSG clinics must agree to the sharing of data with the National Electronic Health Record (NEHR) and to contribute standardised data to NEHR through Singapore Drug Dictionary (SDD) mapping.

Visit <a href="https://go.gov.sg/applynehraccess">https://go.gov.sg/applynehraccess</a> to apply for access to view and contribute to NEHR. To find out more about the SDD mapping, please email <a href="mailto:nehr.onboarding@synapxe.sg">nehr.onboarding@synapxe.sg</a>





### 2. Why is it important to adopt a HSG-compatible CMS?

- Adopting a HSG-compatible CMS is important to help reduce the administrative burden for the submission of data fields which are required for HSG administration and the computation of remuneration for HSG Annual Service Fee (ASF) payments.
- MOH has collaborated closely with the CMSes to ensure that the data extraction required for HSG is seamlessly handled by your CMS vendors, allowing you to save time and resources to focus on patient care.



### **Quick tip**

### **Tip 1: Onboarding NEHR**

All doctors who practice at HSG clinics at least once a week are required to have NEHR view access. This includes:

- Locums
- Doctors who join the clinic after the HSG LOA date

### Tip 2: When to apply for NEHR?

NEHR application must be made at least 2 weeks before a doctor starts practising at the clinic

Apply for NEHR Access at: https://go.gov.sg/applynehraccess



nehr.onboarding@synapxe.sg



# Have at least 1 regular doctor who is a registered Family Physician per HSG clinic

All clinics participating in HSG are required to have at least one practising doctor on the Register of Family Physicians (FP) maintained by the Singapore Medical Council by 1 July 2030.

This requirement takes effect on and from 1 July 2030. MOH is working with CFPS to provide sufficient training capacity and support for GPs to attain relevant postgraduate training.





### **Quick tip**

GPs who have yet to obtain FP accreditation may refer to the FP accreditation criteria stated on the Family Physicians Accreditation Board (FPAB) by scanning the QR code, or visit the link here:

https://for.sg/j93vt6

Please note that GPs should not be practising across multiple HSG clinics.



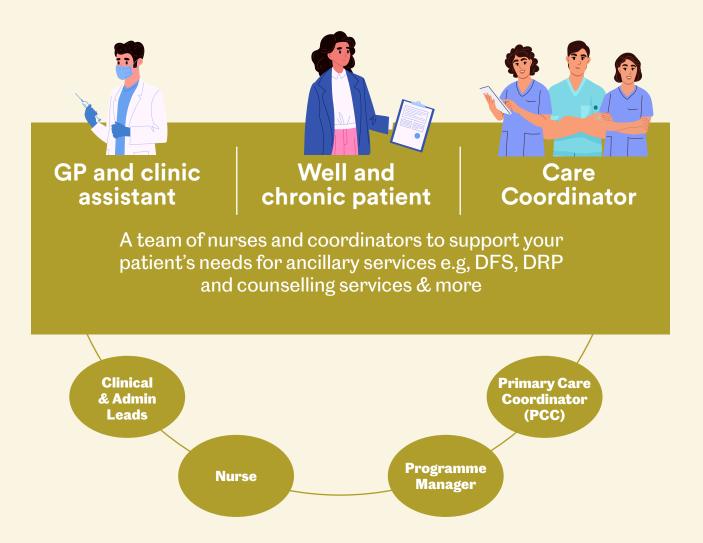


### Join a Primary Care Network (PCN)

PCN is a network of GPs supported by the PCN Care Team (nurses and care coordinators), which provides a holistic and coordinated care continuum to well and chronic enrollees e.g. those with chronic conditions such as diabetes, hypertension, hyperlipidaemia and other chronic conditions covered under CDMP conditions in the CDMP Handbook. The team-based care approach ensures that both well and chronic enrollees are better cared for in the community.



### Providing team-based care for your patient's needs





### **How do PCNs work?**

PCN GPs are supported by the PCN Care Team to coordinate and assist the patient who require the ancilliary services such as Diabetic Retinal Photography (DRP), Diabetic Foot Screening (DFS) and Nurse Counselling (NC).

Here is the list of PCNs currently supporting GPs.

### **List of PCNs**

- Assurance
- Central-North
- Class
- Frontier
- I-Care
- NUHS

- Parkway Shenton\*
- Raffles Medical\*
- SingHealth Partners
  - SingHealth Dot
  - SingHealth Regional
- United







You may submit your interest to join HSG and a PCN. Please scan the QR code or visit the link here: <a href="https://for.sg/gpapplyhsghere">https://for.sg/gpapplyhsghere</a>

<sup>\*</sup>These PCNs do not onboard clinics outside of their clinic group.



### **Partner Healthcare Cluster**

Your Healthcare cluster will support you in looking after your patients.



- You will partner one of the three healthcare clusters National University
  Health System (NUHS), National Healthcare Group (NHG), and
  SingHealth (SHS) which is responsible for working with different partners
  and service providers to build an integrated health and social service
  ecosystem for residents.
- Your cluster will support your clinic to deliver a wider range of quality healthcare services to your patients.
- For feedback on referral support or programmes in the community, do contact your cluster lead



Part 3

# What can you expect as a new Healthier SG clinic?

- Your journey as a new Healthier SG clinic
- Steps after your clinic is Healthier SG accredited
  - Step 1 Patient enrollment
  - Step 2 Schedule appointments
  - Step 3 First visit
    - ► What is General Practitioner expected to do?
    - ▶ What is a Health Plan?
    - ► Where can General Practitioner refer patients for lifestyle activities?
    - ▶ What is an Active Ageing Centre?
  - Step 4 Submit care reports
  - Step 5 Follow up with enrollee regularly
  - Step 6 Healthier SG Chronic Tier & Direct Patient Delivery



### Your journey as a new Healthier SG clinic



After your clinic has been Healthier SG (HSG) accredited, these 6 steps are what you should do next your HSG patients

Patient enrolment Step 1

Patients can either enroll themselves via HealthHub or clinics can help patients to enroll at the clinic using Primary Care Digital Services (PCDS)

Schedule appointments

For clinics using Health Appointment System (HAS):

General Practitioner (GP) will view patient's appointment details in the system For clinics not using HAS:

And have an email address: An auto generated email appointment request will be sent to the clinic

No email address:

Patients will be directed to call the clinics

**First visit** 

Step 3

- GP discusses and develops Health Plan with patient
- GP reviews
   patient's history,
   including screenings
   and immunisations
- GP works with patients to set health goals
- GP recommends follow-up actions and activities as appropriate, including updating & scheduling tests, screenings and immunisations

Submit care reports

Step 4

You may refer to the HSG CPs the care components data submission required. Find out how.

Follow up with enrollee regularly

Step 5

Set follow-up appointments and review progress to refine the Health Plan with the patient. Following the first health plan completion, a subsequent annual check-in is required.

Accord HSG Chronic Tier



Dispense or order through ALPS for direct patient delivery of whitelisted subsidised drugs to HSG Chronic Tier patients



STEP 2 STEP 3 STEP 4 STEP 5

### Patient enrolment

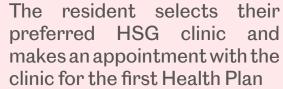
There are 3 ways patients can enroll in your clinic:





Residents with invitation SMS

### **Enroll themselves via Health Hub App**







Residents who are unable to self help

### Assisted enrolment at clinic

GPs can enroll their patients onsite at their clinic using the PCDS portal if the patient is present (Enrolment cannot be done via telephone)

\*Full PCDS guide is available at <a href="https://www.primarycarepages.sg/">https://www.primarycarepages.sg/</a> healthier-sg/Documents/PCDS%20User%20Guide.pdf





### **Assisted enrolment at community** touchpoints

Residents with limited digital proficiency are encouraged to seek help at community touchpoints such as Community Clubs



STEP1 STEP2 STEP3 STEP4 STEP5

### Schedule appointments

Clinics can sign up for and use the Health Appointment System (HAS) or use their own appointment booking systems

### **HAS** clinics

Residents select appointment date and time in HealthHub which has a seamless backend interface with HAS

Clinics can sign up for HAS here: https://form.gov. sg/62c7c7191284cf0012105c43

Find out more in HAS Guide: https://go.gov.sg/has-admin-guide

### **Non-HAS** clinics

Residents provide their name, contact number and/or email address in HealthHub for clinics to follow up with an appointment





STEP1 STEP2 STEP3 STEP4 STEP5 STEP6

### First visit

### What is the General Practitioner expected to do?

During the enrollee's first visit, as a HSG General Practitioner (GP), you are expected to complete the following with each of your enrollees:

- Review patient's medical history, including screenings and immunisations
- Discuss and co-create a Health Plan with patient
- · Work with patient to set health goals
- Recommend follow-up actions and activities where appropriate, including updating & scheduling tests, screenings and immunisations





STEP1 STEP2 STEP3 STEP4 STEP5 STEP6

### First visit (Continued)

### What is a Health Plan?

As part of the first Health Plan discussion, the doctor should conduct the following but is not limited to:

- Measurement of the patient's height and weight
- Review the patient's lifestyle history
- Evaluate and review the patient in line with the weight management, cancer screening and smoking cessation care protocols, as well as any steps to be taken by the patient
- Evaluate the patient's chronic condition status, if any. These are to be done using the relevant chronic condition care protocols
- Discuss and develop Health Plan with the patient by setting health goals
- Recommend follow-up actions and activities/programmes (include updating/ scheduling tests, screenings and immunisations)





For more information please visit the Health Plan Protocol page: <a href="https://www.primarycarepages.sg/healthier-sg/care-protocols/administrative-care-protocols/health-plan">https://www.primarycarepages.sg/healthier-sg/care-protocols/administrative-care-protocols/health-plan</a>



STEP 2

STEP 3 STEP 4

STEP 5

### First visit (Continued)

### Where can the General Practitioner refer patients for lifestyle activities?

Based on the patient's Health Plan, you can refer patient for the necessary clinical care, social and/or community activities or support



### **By clinic**

- Doctors can refer their patients for the necessary clinical care, social and/or community activities or support
- For patients who are unable to self-help, clinics should approach their Primary Care Network (PCN) for referral support



### Self-help

- Information on lifestyle activities available in the patient's nearby vicinity can be found on the HSG Integrated Activities Portal: https://www. gowhere.gov.sg/hsgevents/
- Patients can access and sign up for their preferred activities via the H365 app. \*Some activities listed on H365 are payable
- Patients aged 60 and above can also approach the Active Ageing Centres (AACs) for assistance (More about AACs on the next page)



STEP1 STEP2 STEP3 STEP4 STEP5

### First visit (Continued)

### What is an Active Ageing Centre?

AACs are drop-in social recreational centres that GPs can refer patients to for participation in physical/social/mind stimulating activities, and support in vital sign monitoring (such as weight measurement, blood pressure measurement etc.).

Singapore Citizens and Permanent Residents aged 60 and above, regardless of housing types and socio-economic status, can register with AACs.

### For seniors who are able to self-help by going to the **AAC** themselves

- Clinic can give the patient the **HSG** Resident Brochure for details and to search for the AAC nearest to their home
- Clinics can support patients in finding their nearest AAC https://go.gov.sg/aacgowhere-gp
- No referral form is needed

### For seniors who are unable to self-help

Contact your respective PCN HQ where the Primary Care Coordinators will assist with referring patients to the AACs









STEP1 STEP2 STEP3 STEP4 STEP5 STEP6

### Submit care reports

You are required to submit care reports for each patient as soon as any care components are updated, including test results, diagnosis and relevant data submissions listed in the care protocols.

Once you have onboarded a HSG-compatible CMS, no extra effort is needed to submit information. The usual clinical documentation entered in the CMS should capture the necessary care report data, which is also sent to MOH for tracking outcomes and Annual Service Fee calculation.

Please visit the "Data Submission" portion of the various care protocols at <a href="https://www.primarycarepages.sg/healthier-sg/care-protocols">https://www.primarycarepages.sg/healthier-sg/care-protocols</a> for the data that needs to be submitted.





STEP1 STEP2 STEP3 STEP4 STEP5 STEP6

### Follow-up with enrollee regularly

You should set follow-up appointments and review the progress with the enrollee to refine their Health Plan. At a minimum, conduct one check-in annually to update the enrollee's Health Plan.

For enrollees with chronic conditions, you should also conduct two chronic consultations per year, at least 3 months apart.





STEP1 > STEP2 > STEP3 > STEP4 > STEP5 > STEP6

### **Healthier SG Chronic Tier & Direct Patient Delivery**

### **HSG Chronic Tier**

- As a HSG clinic, you can now provide whitelisted subsidised chronic drugs to your HSG enrollees. The HSG Chronic Tier is a new subsidy tier that provides an alternative to the original CHAS Chronic Tier for enrollees.
- Enrollees with CHAS/PG/MG cards can opt to use the New HSG Chronic Tier or the Original CHAS Chronic Tier.
- The new HSG Chronic Tier allows HSG enrollees to enjoy enhanced drug subsidies and price caps for a set of whitelisted drugs at their enrolled GP clinic. Enrollees may still opt to remain on the original CHAS Chronic Tier if they prefer.
- Using a HSG-compatible CMS will enable fast and easy computation and comparison of the patient's bill between the 2 chronic tiers. GPs may assist patients by recommending the original CHAS Chronic or the new HSG Chronic tier depending on the drugs prescribed.
- The whitelist comprises selected drugs for the treatment of CDMP conditions, from the Standard Drug Lists (SDL) and Medication Assistance Fund (MAF) lists. HSG GPs may procure these drugs via ALPS/MOH special pricing agreements, or through their own private arrangements.
- ALPS offers a Direct Patient Delivery (DPD) service option, to assist GPs with the stock management of all the whitelisted drugs. This may help GPs as they will not need to have separate inventories for whitelisted drugs ordered through ALPS and drugs obtained through their other procurement sources.





STEP1 > STEP2 > STEP3 > STEP4 > STEP5 > STEP6

### Healthier SG Chronic Tier & Direct Patient Delivery (Continued)

### **Direct Patient Delivery**

To support GPs with the dispensing of the whitelisted drugs, HSG clinics can use 2 options for ordering whitelisted drugs through ALPS:

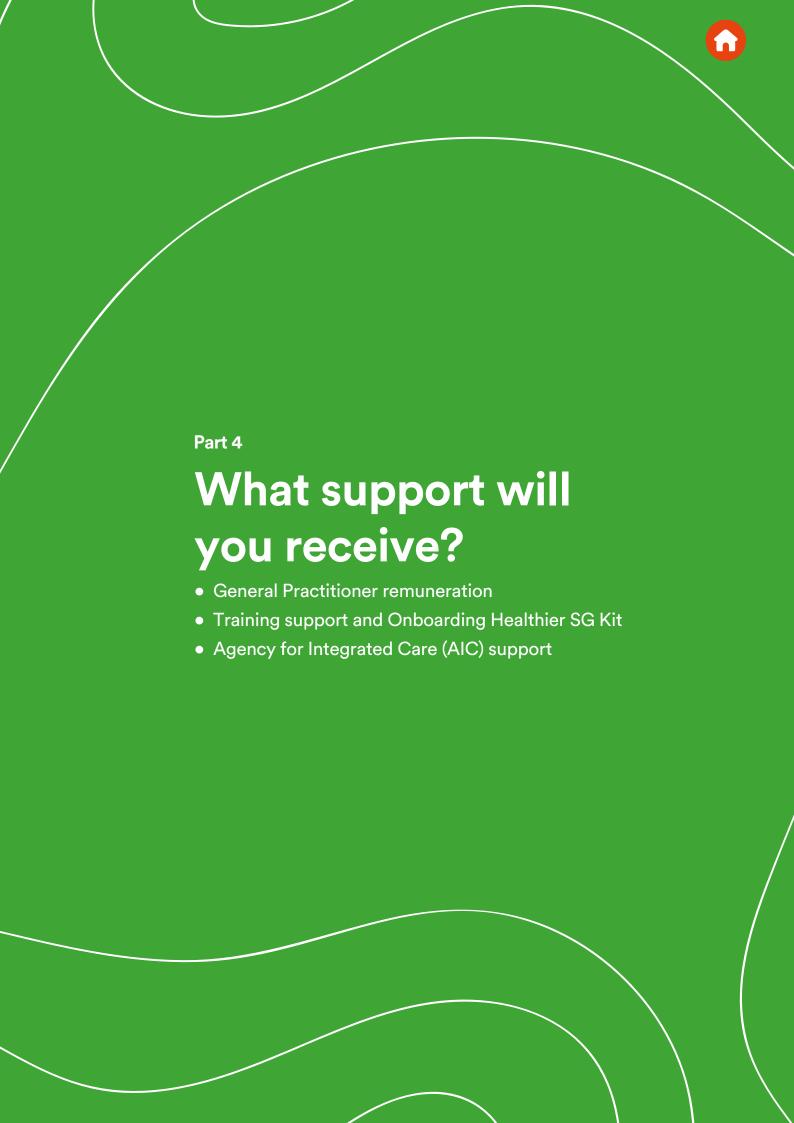
# Option 1 Bulk purchase of whitelisted drugs to be delivered to clinics Option 2 Direct Patient Delivery (DPD) where the drugs ordered will be delivered to the patient's home address

For **option 2**, clinics are required to register for an Order Management System (OMS) account and Direct Debit Authorisation (DDA) with ALPS via <a href="https://oms.alpshealthcare.com.sg/">https://oms.alpshealthcare.com.sg/</a>

Estimated processing time will take up to 3 working days for OMS and 10 working days for DDA application.

Note that the Direct Debit Authorisation (DDA) must be approved and authorised by the clinic's bank for Direct Patient Delivery (DPD). Only corporate bank accounts are accepted at the moment.

This DDA process can be completed during account creation on the OMS portal. You may click on "Support" at the bottom of the OMS website for useful guides, FAQs and a video tutorial to register an account with ALPS.





### **General Practitioner remuneration**

All Healthier SG (HSG) General Practitioners (GPs) will receive the following support:

### **First Health Plan**

GPs are to co-create a Health Plan with their enrolled patients. This will allow GPs to better understand and care for their patients. GPs will be remunerated for creating this Health Plan.

### **Annual Service Fee (ASF)**

HSG Clinics will receive an annual fee for sustaining the enrolment relationship and completing care milestones with all their enrollees, recommended screenings and immunisations.

### **Chronic Enrolment Grant (CEG)**

CEG is a time limited grant.

HSG clinics will be remunerated quarterly for providing continual care for all their chronic enrollees.

### **Other MOH subsidies**

Based on prevailing National Schemes (e.g. VCDSS, HSG screenings) clinics will be remunerated for the services rendered in addition to the HSG remunerations.





For more information on GP remuneration, ASF & CEG, please refer to the HSG clinic training on the AIC Primary Care pages: <a href="https://www.primarycarepages.sg/Circulars/Circular Documents/Healthier SG Clinic Training Part 2\_Financing.pdf">https://www.primarycarepages.sg/Circulars/Circular Documents/Healthier SG Clinic Training Part 2\_Financing.pdf</a>

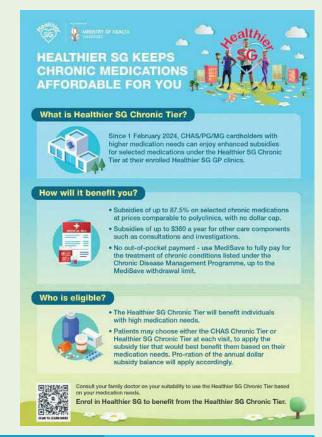


### Training support and Onboarding Healthier SG Kit

AIC provides trainings and onboarding support for GPs. To enable GPs to kick start on the HSG journey, you will receive an onboarding kit containing HSG collaterals such as resident brochures, posters, HSG decal and standee for display at your clinic.















### Agency for Integrated Care (AIC) support

You may refer to the sources listed below for more information on National Schemes and HSG:

For inquiries related to the National Primary Care Schemes, please approach your AIC Account Manager. You can visit <a href="www.for.sg/amfinder">www.for.sg/amfinder</a> or scan the QR code below to access the Account Manager Finder site and locate your clinic's account manager.



More information about the schemes can be found on Primary Care Pages at <a href="https://www.primarycarepages.sg">www.primarycarepages.sg</a>

You may also call the AIC GP Hotline: **6632 1199** or Email: **gp@aic.sg** with your enquiries

For quick answers to frequently asked questions on HSG, you may try using our online HSG FAQ page at **www.for.sg/hsggpfaq** 

For your patients, for queries on HSG they can contact

MOH General Hotline: 6325 9220

MOH Website: www.moh.gov.sg/feedback



### **Glossary of Terms**

Name	Description
AAC	Active Ageing Centre
ASF	Annual Service Fee
CDMP	Chronic Disease Management Programme
CEG	Chronic Enrolment Grant
CFPS	College of Family Physicians Singapore
CHAS	Community Health Assist Scheme
CMS	Clinic Management System
GP	General Practitioner
HAS	Health Appointment System
HSG	Healthier SG
FSAE	Finance Schemes Accreditation E-Service
MOH	Ministry of Health
MHCP	MOH Healthcare Claims Portal
NEHR	National Electronic Health Record
NIR	National Immunisation Registry
PCDS	Primary Care Digital Service
PCN	Primary Care Network
PHPC	Public Health Preparedness Clinic
PR	Permanent Residents
PRPP	Patient Risk Profile Portal
SC	Singaporean Citizens
SDD	Singapore Drug Dictionary
SFL	Screen for Life
VCDSS	Vaccination and Childhood Developmental Screening Subsidies

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